

# **PRESS RELEASE**

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**August 23, 2017**

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**FOREST HILLS OF DC EXPANDS ASSISTED LIVING SERVICES**

## **Forest Hills, DC –**

Forest Hills of DC, a private not-for-profit organization that has been serving seniors since 1889 is expanding its service levels for current and new assisted living residents.

“Over the last several years, our senior leadership has identified the need to evolve our assisted living services to better serve the broad spectrum of acuity levels that our residents and candidates for admission are experiencing,” according to Mary Savoy, MS, LNHA, Executive Director of Forest Hills and Forest Side.

“We are well aware of changing market conditions with many retirees choosing to remain at home as long as possible. Once an individual and/or their family decides it’s time for a move, the resident coming to Forest Hills is generally much older and in need of a higher level of support services. Likewise, our current residents are living longer and requiring more care to safely remain in their apartments.” she added.

“The concept of expanded assisted living services represents a core belief of our organization, which is to create a safe, compassionate and supportive community that inspires seniors to remain active and healthy.”

Forest Hills was recognized nationally and honored with a Commitment to Quality Award by the National Center for Assisted Living (NCAL).

Forest Hills of DC offers licensed Assisted Living services in 58 apartments on Connecticut Avenue, NW and operates a highly specialized memory care facility, known as Forest Side Memory Care, located at 2701 Military Road, NW.

In addition, the organization provides short-term, post-hospitalization, sub-acute rehabilitation and long-term care in a licensed skilled nursing facility.